

# GATERING MENU

## MEALS

1. **Santa Fe Steak Wrap** \_\_\_\_\_ 14  
Steak sauteed in Peruvian seasoning with cauliflower rice, avocado, and corn & black bean salsa, wrapped in a spinach tortilla with a side of fruit.  
(Calories 538 | Fat 18 | Carbs 35 | Protein 59)
2. **Cali Old Bay Chicken** \_\_\_\_\_ 13  
Chicken sauteed in Old Bay hot sauce with cauliflower rice, avocado, and fresh slaw, wrapped in a spinach tortilla with a side of fruit.  
(Calories 799 | Fat 35 | Carbs 53 | Protein 68)
3. **Peruvian Chicken** \_\_\_\_\_ 13  
Sauteed chicken in Peruvian seasonings served over fried rice, comes with a side of our homemade chimichurri sauce.  
(Calories 625 | Fat 25 | Carbs 40 | Protein 60)
4. **Old Bay Shrimp Asiago** \_\_\_\_\_ 14  
Old Bay seasoned shrimp, whole wheat penne, and our Greek yogurt alfredo sauce, topped with asiago cheese.  
(Calories 474 | Fat 6 | Carbs 52 | Protein 53)
5. **Vegan Bowl** \_\_\_\_\_ 11  
A protein packed bowl filled with roasted chickpeas, broccoli, carrots, cauliflower and sweet potatoes over a kale and quinoa blend.  
(Calories 426 | Fat 13 | Carbs 65 | Protein 17)



## SNACKS

1. **Birthday Cake Energy Bites** \_\_\_\_\_ 4  
An energy packed homemade snack including vanilla protein powder, oats, honey, and water.  
(Calories 198 | Fat 5 | Carbs 33 | Protein 7)
2. **Mocha Coffee Energy Bites** \_\_\_\_\_ 4  
An energy packed homemade snack including oats, chia seeds, cacao powder, PBfit, maple syrup, coconut oil, chopped almonds and coffee flavored protein powder.  
(Calories 261 | Fat 10 | Carbs 26 | Protein 8)

## KIDS MEALS

1. **Turkey Pinwheels** \_\_\_\_\_ 7  
Turkey and cheese wrapped in a whole wheat tortilla.
2. **Sunflower Butter & Jelly Sandwich** \_\_\_\_\_ 7  
Sunflower butter and grape jelly on white bread.